



**A Proclamation of
National Flossing Day 2019**

Whereas,

This Nation will once again have spent a full day focused on food, on Thanksgiving Day, November 28,

And since it is good for each of us to floss after meals,

Therefore,

It is befitting and proper that the following day, November 29, 2019, be celebrated as

National Flossing Day.

During this day each and every person is encouraged to consider the role flossing has played in his or her life during the previous year and to celebrate flossing so they can Help Spread "Peace of Mouth" in their own lives and the lives of others around them, in ways with and without floss.

All citizens are encouraged to dance with floss to experience the JOY OF FLOSSING, and thereby move beyond negative reasons to floss or waiting for scientific research to prove how great floss is. Also, on this special day we should wish "Happy Flossing" to other flossers.

Be this day so proclaimed in the name of all the Volunteers who have devoted time to the work of the National Flossing Council and to Help Spread "Peace of Mouth!"

**Armand Lione, Ph.D.
President
National Flossing Council
Washington, DC
www.flossing.org @doyoufloss**